

Our Ref: JD/DT.494

27th March 2017

Dear Parents/Carers

KS4 Health Conference

The PSHE Department is holding a Health Conference on Thursday, 30th March 2017 to give students an opportunity to develop their understanding of key health issues. These include:

- Drugs and Alcohol – The Mix
- Smoking, Diet and Weight-loss – One Life Suffolk
- Sexual Health – Year 9 session by Mr Blewitt/Ms Whitfield
- Sexual Health – Year 10 session by Terrence Higgins Trust
- Mental Health and Wellbeing – Headucate at UEA, Norwich
- Road Safety and Stranger Danger – Road Safety Team at Suffolk County Council
- First Aid – Mr Welham at the Gipping Valley Centre
- Parenting – Mr Blewitt
- How to access Health Services - School Nurse and 4YP.

To find out further information on Health Services available for young people please follow this link:
<http://www.4yp.org.uk/links/>

We hope that the Health Conference will be a positive and enlightening experience for your son/daughter.

Yours sincerely

M. Dickings

Mrs M. Dickings
Programme Leader for PSHE